



On Thursday 17<sup>th</sup> November 2016, children from Year 5 and Year 6 took part in an athletics tournament at King's College. They finished in second place narrowly missing out on going to Millfield for the School Games. Well done!

## Gold School Games Mark!

It's official...St George's have received the Gold Award for their performance in P.E and sport. Well done to all the staff and children for making this possible.



## WANTED

Do you attend a club outside of school? Would your coach like to come into school and tell the children all about it?

If the answer is YES to both questions then please see Mr Lake.

## The Golden Mile

Children regularly complete the Golden Mile in their classes. Each lap is 100m and these are converted into miles. Congratulations to the children who received their 10 miles certificates. A fantastic achievement!

## The 5 Hour Offer

Are you doing 5 hours of physical activity each week? In school children do a 1 hour PE lesson,  $\frac{1}{2}$  hour swimming lesson and the Golden Mile. We offer lots of extra-curricular clubs. Please take a look and sign up after Christmas.

## Cross Country-A Message from Mrs Roberts.

Cross Country Club has been very popular this term. All children are welcome, whether they are looking to win competitions or simply improve their fitness. We often head to Vivary Park for our run and combine games, longer runs and timed laps. Many children have had the opportunity to enter competitions at King's College as individuals and teams.

## Active Kids Vouchers

Thank-you so much for collecting the Sainsburys AKVs. You collected 7224 and the school bought many different sports equipment. We also bought Forest School resources in preparation for 2017!